

BODY TALK



Song	Physical (3:19)	Artist	Glee feat Olivia NJ	Album	iTunes Single	
Level	Improvers	Type	Line Dance	Beats	32	Walls 4
Other Information	Begin dance on lyrics, 16 beat intro. No tags/restarts.					
Choreographed by	Tim Gauci, BROKEN HILL NSW 2880			Date	October 2022	

Beats	Step Description	
1-8	SHUFFLE FWD, FWD, PIVOT ½, SHUFFLE FWD, FWD, PADDLE ¼	
1&234	Shuffle fwd RLR, step L fwd, pivot ½ R	6:00
5&678	Shuffle fwd LRL, step R fwd, paddle ¼ L	3:00
9-16	CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, ¼ COASTER STEP	
1234	Cross R over L, step L to L, step R behind L, point L toe to L	3:00
567&8	Step L over R, step R to R side, making ¼ turn L step L back, step R tog (&), step L fwd	12:00
17-24	FWD, ROCK, ¾ SHUFFLE, FWD, ROCK, SHUFFLE BACK	
123&4	Step R fwd, rock weight back onto L, making ¾ turn R shuffle RLR (on the spot)	9:00
567&8	Step L fwd, rock weight back onto R, shuffle back LRL	9:00
25-32	BACK, TOUCH, BACK, TOUCH, BACK, ROCK, KICK BALL CHANGE	
1234	Step R back, touch L toe fwd, step L back, touch R toe fwd	9:00
567&8	Step R back, rock weight fwd onto L, kick R fwd, step R tog (&), step L fwd	9:00
32 Beats	Repeat dance in new direction	

Enjoy 😊